

## Wrist Tying Ceremonies



The Wrist Tying Ceremony has its origin in Karen Animist religion, and Karen Animists still hold wrist tying ceremonies to cure illnesses.

Karen Buddhist monks also hold wrist tying ceremonies.

Karen people of all religions celebrate a Wrist Tying Festival in August called *Lar Ko Kee Su*, where the act of tying white thread around people's wrists has come to symbolise the unity of Karen people. People who are not Karen are invited to join the Wrist Tying ceremony as a way to build unity between different nationalities.

**Photo: Kwekalu News**